

Adam J. Freed

Partner

freed.adam@dorsey.com

Des Moines – 515.699.3277



Adam Freed structures and shepherds healthcare transactions—from nursing facility acquisitions to Certificate of Need approvals—so that Iowa providers can close deals compliant, licensed, and ready to operate.

Adam advises health care providers at every stage of a transaction, from initial due diligence through post-closing regulatory compliance. His clients include physicians, dentists, mental health professionals, hospitals, nursing facilities, and the trade associations that represent them — each facing a distinct set of federal and state requirements that must be satisfied before a deal can close or a new service can launch.

A significant part of Adam's practice centers on healthcare transactions and regulatory compliance for facilities undergoing changes of ownership. He guides buyers and sellers through licensing transfers, Medicare and Medicaid enrollment filings, and credentialing with Medicaid managed care organizations—the operational details that determine whether a transaction succeeds in practice, not just on paper.

Adam also counsels clients on Iowa's Certificate of Need (CON) program. In the past, Adam appeared before the State Health Facilities Council on matters ranging from new inpatient behavioral health hospitals to nursing facility expansions and cardiac catheterization programs. Following the enactment of legislation eliminating the State Health Facilities Council, Adam has helped clients navigate the evolving regulatory landscape. That regulatory depth means clients enter the approval process with a clear picture of what is required and a realistic timeline for what comes next.

Rounding out his practice, Adam advises covered entities and business associates on HIPAA compliance, including responding to data breaches affecting large volumes of patient records.

Adam also served as interim general counsel for a nationwide operator of upscale continuing care retirement communities, giving him an inside view of the operational and

Education

- University of Iowa College of Law (J.D., 2007)
 - High Distinction
- University of Northern Iowa (B.A., Political Science, 1999)
 - *summa cum laude*

Bar Admissions

- Iowa

regulatory pressures health care organizations manage on a daily basis.

Across all of this work, Adam's approach is the same: translate a dense body of federal and state regulation into clear, actionable guidance that lets providers move a transaction forward without losing momentum to regulatory uncertainty.

Select Experience

- Served as interim general counsel for a nationwide operator of upscale continuing care retirement communities, providing ongoing legal and regulatory counsel.
- Represented the buyer of residential and behavioral health programs operating in eight states.
- Represented the buyer of nearly thirty Iowa long-term care facilities in completing all required regulatory filings.
- Represented a specialized nursing facility for individuals with severe brain injury in obtaining a waiver of the nursing facility moratorium and a CON to complete a significant expansion of its facility following the elimination of Iowa's State Health Facilities Council.

Professional Affiliations

- Polk County Bar Association
- Iowa State Bar Association
- American Health Lawyers Association
- Iowa Society of Healthcare Attorneys
- ABI Leadership Iowa, 2009 – 2010

Accolades

- *Best Lawyers in America*®, 2025-2027
- *Best Lawyers*® *Lawyer of the Year*, Health Care Law, Des Moines, 2027
- Dorsey & Whitney – Scales of Justice Team Award (Dr. Conaway Disability Rights Team), 2021
- *Great Plains Super Lawyers*®, "Rising Stars," 2018

Select Presentations

- *COVID-19's Impact on Legal and Regulatory Practice Issues*, Presentation to the Iowa Psychological Association (co-presented with Katie Cownie and Mike Jenkins) (June 2020).
- *HIPAA and the Attorney's Duty of Confidentiality: The Intersection of Federal Health Care Privacy Law and the Rules of Professional Conduct*, Presentation to the Iowa Society of Healthcare Attorneys Spring Conference (co-presented with Mike Jenkins) (May 2020).
- *COVID-19 Virtual Townhall*, Presentation to the Iowa Dental Association (co-presented with Katie Cownie) (April 2020).